



Conducted under the rules of Swimming Australia and Swimming Victoria
2nd Southern Pennant - Hosted by Rutherglen

Date of Meet: 10th December 2023 Venue: Rutherglen Pool

Warm Up: 10:00am Meet Start: 11:00am

Entries close Thursday 7th December 2023 at 8:00pm via Team Manager

M	F	Age	Distance	Stroke
1/2/3		All Age	198m	BBB (Choice of Back/Breast/Butterfly)
4		10/Under	33m	Backstroke - aided
5	6	All Age	33m	Backstroke
7	8	All Age	66m	Backstroke
9	10	All Age	99m	Backstroke
11	12	All Age	198m	Freestyle
13	14	All Age	396m	Freestyle
15		10/Under	33m	Breaststroke - aided
16	17	All Age	33m	Breaststroke
18	19	All Age	66m	Breaststroke
20	21	All Age	99m	Breaststroke
22	23	All Age	132m	Individual Medley
24	25	All Age	264m	Individual Medley
26	27	8/Under	4 x 33m	Back/Free Relay
28	29	10/Under	4 x 33m	Medley Relay
30	31	12/Under	4 x 33m	Medley Relay
32	33	14/Under	4 x 66m	Medley Relay
34	35	16/under	4 x 66m	Medley Relay
36	37	Open	4 x 66m	Medley Relay
38	39	10/Under	33m	Butterfly - aided
40	41	All Age	33m	Butterfly
42	43	All Age	66m	Butterfly
44	45	All Age	99m	Butterfly
46	47	10/Under	33m	Freestyle - aided
48	49	All Age	33m	Freestyle
50	51	All Age	66m	Freestyle
52	53	All Age	99m	Freestyle
54	55	8/Under	4 x 33m	Freestyle Relay
56	57	10/Under	4 x 33m	Freestyle Relay
58	59	12/Under	4 x 33m	Freestyle Relay
60	61	14/Under	4 x 66m	Freestyle Relay
62	63	16/Under	4 x 66m	Freestyle Relay
64	65	Open	4 x 66m	Freestyle Relay

- Swimmers may swim in a maximum of 4 individual events of their choice – any combination of strokes/distances – this means you may swim 25m free/50m free / 100m free / 200m free in the one day and receive points for each swim
- You may swim in 2 relays
- Can Coaches/parents/race secretaries please be mindful of what swimmers are capable of swimming.
- Age as at: 1st October 2023 - Points awarded to the following Age Groups.
8 & under/ 9 years/ 10 years/ 11 years/ 12 years/ 13 years/ 14 years/ 15 years/ 16 years/ 17 - 34, and 35 & over.
- Team Manager entries to be submitted by 8:00pm, Thursday 7th December by email to entries.omdsa@gmail.com
- [For all enquiries please contact: entries.omdsa@gmail.com](mailto:entries.omdsa@gmail.com)